

July 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Denver Oml Chicken w/avocado Pork stir fry	2 Belgian waffles Beef broccoli Turkey club w/bacon	3 Spinach oml Linguini w/clams Corned beef & cabbage
4 French tst July 4 th BBQ Chicken Caesar salad	5 Chili cheese oml. Stuffed mahi Oxtail soup	6 Silver dollar pancake Meatloaf Poor boy sandwich	7 Quiche Roast pork loin Pizza	8 Mushroom & green peppers oml Beef stew Broiled mahi	9 Waffles Aki's buffet Smoked turkey panini	10 Country scramble Pork & peas Korean chicken
11 French tst Chicken stir fry Shrimp salad croissant	12 Tomato onion oml Poached salmon Won ton mein	13 Blueberry pancake Pot roast Tuna melt	14 Donuts Grilled chicken breast Baked ziti	15 Ham & cheese oml Baked ham Seared ahi	16 Belgian waffles Baked potato bar Monte cristo	17 Corned beef hash Fettuccine w/chicken Meat jun
18 French tst Pork adobo Chef salad	19 Shrimp green onion oml Mahi tempura Char siu chow mein	20 Banana pancake Spaghetti w/meat sauce Sloppy joes	21 Sour cream coffee cake Pork cutlet Roast beef & swiss	22 Potato bacon oml Beef broccoli Lobster cake	23 Waffles Continental buffet French dip	24 Country scramble Sweet & sour fish Broasted chicken
25 French tst Orange glazed chicken Shrimp stuffed papaya	26 Mushroom oml Grilled salmon Egg fu young	27 Apple pancake Beef stroganoff Pulled pork sandwich	28 Beignets Fried chicken Hot dogs w/sauerkraut	29 Vegetable oml Turkey w/stuffing Shrimp pad thai	30 Belgian waffles Taco bar BLT	31 Corned beef hash Kalua & cabbage Teriyaki beef